



*Taking the big step into
secondary school can be scary*

Newbridge Youth

Unit 10 Charlotte Mall,
Newbridge,
Kildare

Stepping Stones Transition Programme

Dear Parent/Guardian,

Stepping Stones is a transition programme which has been in place with Kildare Youth Services since 1999. The Transition Programme aims to assist Young People in their transition or their “big move” from Primary to Secondary Level Education. This can be a challenging time for young people but due to Covid19, this year maybe extra hard. We feel it is vital more than ever to run our Transition Programme due to young people not getting the chance to finish 6th class and have that closure with their school, their friends and indeed their Teachers. **The Newbridge Youth project normally at this stage would have visited your son/daughter in 6th class as we do every year to have a chat around the different issues that may challenge them as they enter Secondary school such as bullying, peer pressure, friendships etc.**

This year we are running a 6 week programme online through Zoom starting the week of the 8th of June. The programme is designed for young people who may find the transition difficult and may need additional support during this period. The online sessions will focus on building confidence, fears around secondary school, building positive friendships, bullying and how to manage yourself in your new school. There will also be a focus on how your son/ daughter cope with 6th class ending in a different way to usual due to Covid19.

After you receive this letter and our contact details we will be able to further update you as we will have a work book to follow to support your son/daughter to get the most out of their communication with us. There will also be the opportunity for your son/daughter to meet in person, as soon as restrictions allow and have a 1st Year weekly group to support the entry into secondary school. The aim of this group will be to support young people with issues as they arise in second level education.

If you are interested or want to know more about the programme contact **Tricia Brien** on **083 1757653** or **Cathy Power** on **087 1210054** ASAP to secure a place. **This programme is free of Charge**

Emails – tricia.brien@kys.ie or cathy.power@kys.ie

